Session Two:
Why Can I Trust God For Emotional Healing?

Selected Scripture

The Central Truth:
God has revealed a variety of truths in His Word to build your faith for healing. These truths can encourage you to trust God for His transforming work in your life. You are to know these truths, receive them, cling to them, and believe them.

The Outline For Your Study:
The Word of God says in *Romans 10:17*, “So then faith comes by hearing, and hearing by the Word of God.” The Word of God reveals several reasons to stir and encourage your faith to lay hold of God for His healing:

- God has revealed Himself as the Healer
  (Exodus 15:26; Psalm 147:3; Psalm 34:18; Psalm 108:8, 13).

- God desires to create wholeness in your life

- Satan seeks to hurt and wound people emotionally.
  (1 Peter 5:8; John 10:10).
✓ Jesus has come to give abundant life
   (John 10:10; Galatians 5:22-23).

✓ The condition of your heart determines your lifestyle
   (Proverbs 4:23).

✓ God desires that your emotions glorify Him
   (1 Corinthians 10:31).

✓ Salvation brings change into a person’s life
   (2 Corinthians 5:17).

Applying The Truth To Your Life

What Biblical reason encourages you the most to believe and pray for God’s emotional healing? Why?
In this study, Dr. Meador says, “The devil wants to cause as much damage as possible in your life. He would love to turn you into an emotional wreck.” How has the devil attacked your emotions?

What sinful, negative emotions have gained ground in your life? What fruit of the Spirit do you need to cultivate in your life to counter these?

In this study, Dr. Meador says, “God wants to grant healing in your life that your emotions might honor Him.” Have your emotions honored God in the past? Have your emotional responses to people and situations glorified God?

In this study, Dr. Meador says, “Coming to Christ was the beginning of a process – a process of change.” How does God want you to change your emotional life?
Seeking The Healer

The purpose of this study was to provide you with biblical truths to build and strengthen your faith in God. It is through the Word of God that we receive the faith to trust God for His healing in our lives. Will you now pray for God to increase and strengthen your faith in Him? Call on Him to enable you to believe Him for His healing – in your life and in the lives of others as you pray for them.